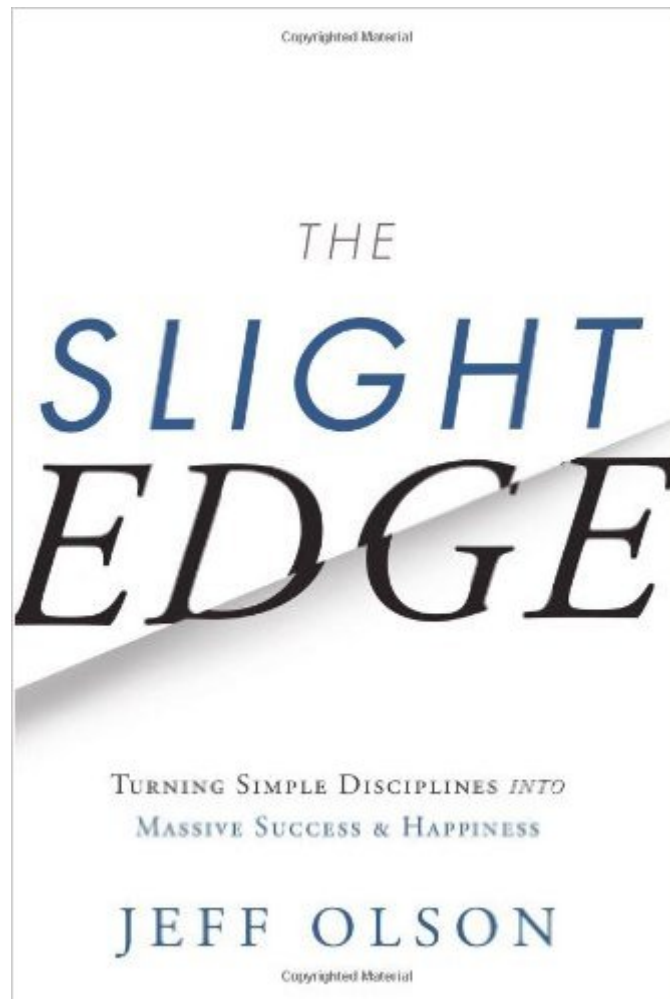


The book was found

The Slight Edge: Turning Simple Disciplines Into Massive Success And Happiness



Synopsis

"The Slight Edge" is a way of thinking, a way of processing information that enables you to make the daily choices that will lead you to the success and happiness you desire. Learn why some people make dream after dream come true, while others just continue dreaming and spend their lives building dreams for someone else. It is not just another self-help motivation tool or methods you must learn in order to travel the path to success. It shows you how to create powerful results from the simple daily activities of your life, by using tools that are already within you. In this 8th anniversary edition you will read not only the life-changing concepts of the original book, but also learn what author Jeff Olson discovered as he continued along the slight edge path: the Secret to Happiness and the Ripple Effect. This edition of "The Slight Edge" isn't just the story, but also how the story continues to create life-altering dynamics how a way of thinking, a way of processing information, can impact daily choices that will lead you to the success and happiness you desire. "The Slight Edge" is the key that will make all the other how-to books and self-help information that you read, watch and hear actually work. "

Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (1,113 customer reviews)

Best Sellers Rank: #2,370 in Books (See Top 100 in Books) #130 in [Books > Self-Help > Success](#) #158 in [Books > Self-Help > Personal Transformation](#)

Customer Reviews

I have to agree with the few reviews that point out how long-winded this book is. Let me save you some money and summarize for you: There is no magic bullet. Success is achieved by repeating small disciplines and taking small, ever-increasing steps. The basic message and practical instruction in this book could have been condensed into about 10 pages and have been no less powerful. Instead every chapter is basically a repetition of the same thing, with endless anecdotes about well known and not so well known people and how they have applied the principles. I

managed to read diligently up to about chapter 5, when I finally caught on that I was being sold the same thing in different words or from a slightly different angle in just about every chapter. Hint: if you have read/watched anything by the likes of Jim Rohn or Brian Tracy, this book will offer you nothing new. Moral of the story: if you want to change your life, start today. It starts with one pushup that becomes two tomorrow. One dollar invested instead of spent on nonsense. One healthy meal instead of the junk you usually eat. Show up, repeat and grow. That's the Slight Edge. Good luck.

This book is kind of hard to rate. There is 1 big pro and 1 big disadvantage: PRO: The whole idea of developing a slight edge by adjusting your daily (routine) actions makes sense and it even looks easy. Once these actions start compounding over time the effect could be enormous. The author illustrates this point with a lot of good references to well known books and motivators and this will get you motivated to start trying it for yourself. CON: The whole execution of his idea and presentation in this book is one big disaster. The whole book is written like a cheap commercial for a vague concept and there is a complete lack of how to execute what this author is writing. On almost every page you'll read how amazing The Slight Edge is and how it can easily change your life. But nowhere is he telling what exactly one should change or start doing. Most irritating of all were the success stories from readers at the end of each chapter. The average success story might go like this: "A few years ago my life was really terrible, I was addicted to drugs, out of a job, not in a relationship, I had lots of debts and health problems, but then all changed. Once I started using the Slight Edge concept everything became ok. Now I'm a married millionaire who is running marathons. Thanks for sharing your slight edge concept with us". Not 1 single word about what they actually did.

This book was better when it was shorter. I read the first version of this book ten years ago and it was brilliant. A few key ideas really started to change my life. Fast forward ten years and I can't find my old paperback but now I have the new version of the book on my kindle. The introduction goes on and on about how big of a success the first version of the book was. Yeah that's because it got straight to the point without being overly repetitive. I'm struggling to force myself through this new book because it is so boring. Waaaay too much fluff. It is really painful to force my way through this new book to try to review those key points that I remember from ten years ago. I feel sorry for the first time reader. smh

Most self help material is repetitive but this book takes it to a whole new level. The overall message,

that it takes time to make change (good or bad) and how focusing on the little changes will lead to the big ones, is great but the author takes too much time going over the same concept, rewording slightly as the book progresses, that by the middle of the book I was ready to call it quits because I'd learned all I need to learn. Also, I feel like the author pats himself on the back a little too often, and perhaps too heavily. One of the most painful sections is where he says he is going to let his daughter finish the chapter, who hands it over to her mother before she is done, and then, even though he said otherwise, the author comes back to rehash everything they said. The best material in this book comes from other books, which the author takes much time to explain even though the concept is straight forward. I liked what he had to say. I just didn't like the way he said it.

Length: 13:17 Mins

Imagine throwing Darren Hardy's *The Compound Effect* + George Leonard's *Mastery* + James Allen's *As a Man Thinketh* + Napoleon Hill's *Think and Grow Rich* into a blender. You'd basically get this fun, empowering book! :) Jeff Olson is a down-to-earth, super practical (and successful) guy who believes in the power of turning simple disciplines into massive success. He calls that power "The Slight Edge." In essence: You know those little things you know are good for you? Yah, those. They are, as Jeff says, "Easy to do. And easy not to do." Well, if you want to experience massive success via The Slight Edge, you need to do those little things consistently. Day in and day out. Period. The book is packed with Big Ideas on how we can integrate The Slight Edge into our lives on a consistent basis. I think you'll love the book. To find 250+ more reviews visit

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